

OPA! 

Women's GREEK DANCE

FUN
FITNESS
FRIENDSHIP
OPA!

& EXERCISE GROUP

*Move Your Body, Lift Your Spirit.
Celebrate Our Heritage!*



Great Music! 



Traditional Greek Dances!

DANCE ♥ MOVE ♥ CONNECT ♥ CELEBRATE



LEARN
TRADITIONAL
GREEK DANCES



FUN &
FRIENDSHIP



MAKE NEW
FRIENDS &
CONNECT



CELEBRATE
GREEK CULTURE
& HERITAGE

All ages
All levels
Welcome!




DATES
Friday, July 10th
& Friday, July 24th
at 6:00 PM



LOCATION
Holy Trinity
Greek Orthodox
Cathedral Educational
Building



WHAT TO WEAR
Comfortable
Clothing &
Supportive Shoes



TEXT OR CALL
Dimitra Forniotis
704-578-0822



Opa!

Let's dance our way to better
health and stronger community!