



HOLY TRINITY GREEK ORTHODOX CATHEDRAL PRESENTS:

“The Art of Prayer”

Prayer is the vehicle of the soul. The aim of this course is to teach you how to use that vehicle. Together we will turn to the Scriptures to understand what prayer is, how one prays, what to avoid during prayer, how to overcome temptations during prayer, and more.

**“Prayer is the journey of the soul toward God,
the purpose being to reach Him and be united with Him.”**

– Elder Aimilianos

7-WEEK SERIES

Starting October 7th

EVERY MONDAY AT 6PM



Fr. Christian Siskos
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OCTOBER 7: “The Psychology of Prayer”

OCTOBER 14: “How to Pray through the Scriptures”

OCTOBER 21: “The Prayer of the Heart”

OCTOBER 28: “Spiritual Experiences & Demonic Delusion”

NOVEMBER 4: “The Encounter with God”

NOVEMBER 11: “The Intercession of the Saints”

NOVEMBER 18: “The Practice of Prayer”

Register Today:

