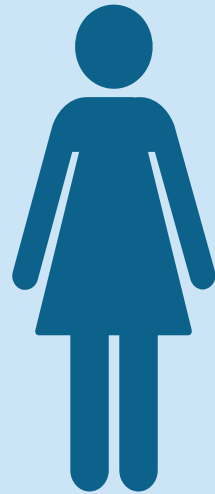
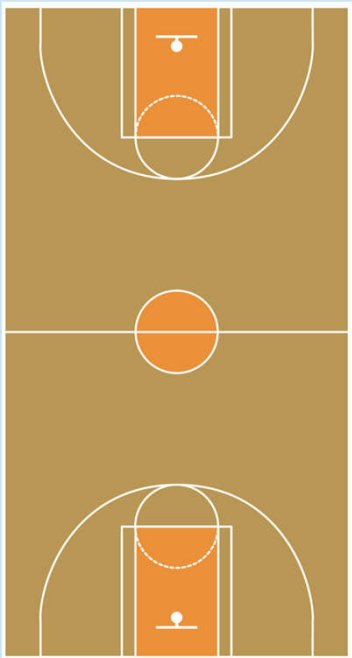


HOLY TRINITY
Greek Orthodox Cathedral

WINTER BASKETBALL CLINIC



6:45-8:30 PM - Girls Grades 10th, 11th, 12th



Head Clinic Coach
Vivian Fotinos
+2 Assistants

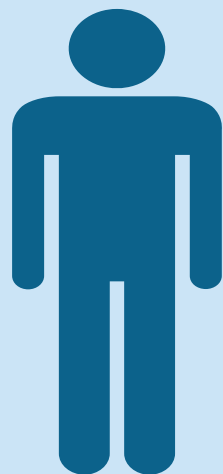
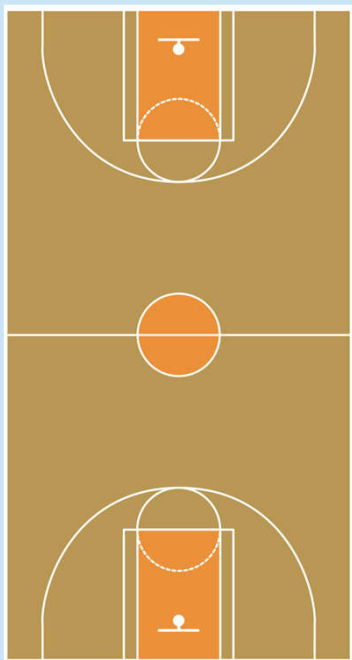
TUESDAY

Sessions will focus on...

- Spiritual lesson outlined by the Priest
 - Movement and skills
 - Training and light-scrimmaging
- Players will be grouped to make all teams fair not by grade level
 - Dribbling, Pivoting, Passing and Catching, Jump Stop, Triple Threat
- Motion Offense, Defense, Shooting and Layups

December 1, 8, 15, and Jan 5, 12, 19, 26

5:00-6:30 PM - Boys Grades 7th, 8th, 9th
6:45-8:30 PM - Boys Grades 10th, 11th, 12th



Head Clinic Coach
Vaki Karampourniotis
+2 Assistants

WEDNESDAY

Sessions will focus on...

- Spiritual lesson outlined by the Priest
 - Movement and skills
 - Training and light-scrimmaging
- Players will be grouped to make all teams fair not by grade level
 - Dribbling, Pivoting, Passing and Catching, Jump Stop, Triple Threat
- Motion Offense, Defense, Shooting and Layups

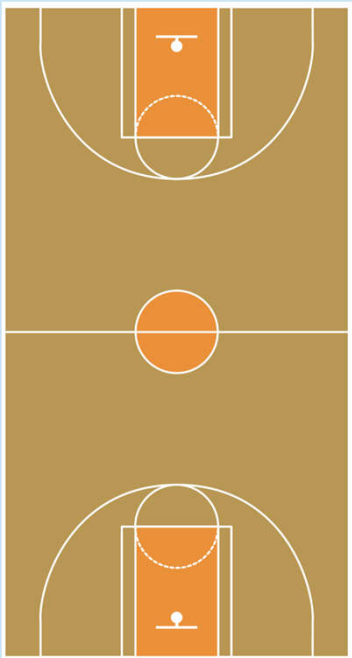
December 2, 9, 16, and Jan 6, 13, 20, 27

4:30-5:30 PM – Boys & Girls Kindergarten & 1st Grade

5:45-7:00 PM – Boys Grades 4th, 5th, 6th

7:15-9:00 PM – Girls Grades 7th, 8th, 9th

FRIDAY



Head Clinic Coach
Jimmy Christodoulis
+2 Assistants

Sessions will focus on...

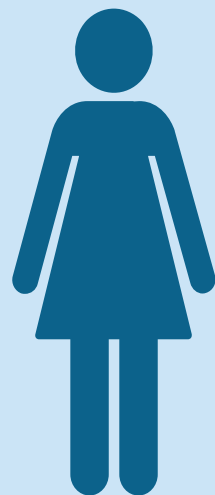
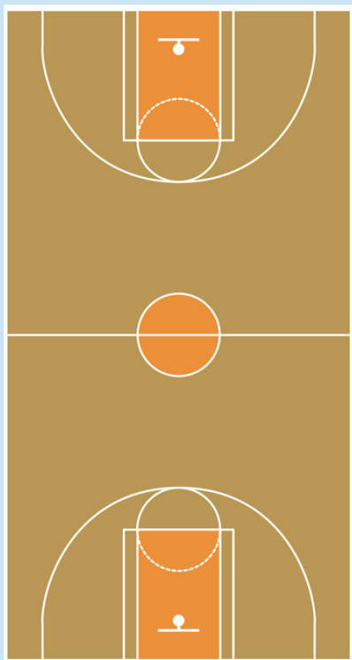
- Spiritual lesson outlined by the Priest
 - Movement and skills
 - Training and light-scrimmaging
- Players will be grouped to make all teams fair not by grade level
 - Dribbling, Pivoting, Passing and Catching, Jump Stop, Triple Threat
- Motion Offense, Defense, Shooting and Layups

December 4, 11, 18, and Jan 8, 15, 22, 29

1:30-2:30 PM – Boys & Girls Grades 2nd and 3rd

5:45-7:00 PM – Girls Grades 4th, 5th, 6th

SATURDAY



Head Clinic Coach
Yannoula Kakouras
+2 Assistants

Sessions will focus on...

- Spiritual lesson outlined by the Priest
 - Movement and skills
 - Training and light-scrimmaging
- Players will be grouped to make all teams fair not by grade level
 - Dribbling, Pivoting, Passing and Catching, Jump Stop, Triple Threat
- Motion Offense, Defense, Shooting and Layups

December 5, 12, 19, and Jan 9, 16, 23, 30

COVID-19 SAFETY PROCEDURES

- **Anyone entering Gym will have temperature checked with non contact forehead thermometers- Anyone with raised temperature (100.4° F) will not be allowed into gym.**
- **Masks must be worn when entering and exiting the gym.**
- **Hand Sanitizing will be required upon entering and leaving the gym.**
- **Hand Sanitizing between breaks and scrimmage games.**
- **Bleachers will be wiped down with sanitizing wipes between practices.**
- **NO parents or spectators will be allowed in the gym for safety reasons. Go enjoy a coffee or some free time. We have it covered.**
- **NO more than 24 youth will be able to participate per session**



Requirements to Participate



- Each participant must bring their own ball
 - K - 1st Grade, Size 27.5
 - 2nd - 6th Grade, Size 28.5
 - Boys 7th - 12th Grade, Size 29.5
 - Girls 7th - 12th Grade, Size 28.5
- Each participants must bring their own water bottle - water fountains will be closed off.
- \$25.00 Registration fee via CampDoc
- Registration opens November 10th and closes November 22nd